

Rosanne Trevaskis, beef farmer, Wairewa



Women have an ability to care and nurture, whether it's for family, child or land. As a mother of five children, who have been home-schooled on the family farm through seasons of harvest, drought and flood, I know the thrill and joy of caring and nurturing.

Bringing up a family is a bit like managing a farm, it's a partnership to produce a healthy outcome. Just as children need to be nourished in body, mind and spirit, so the land also needs to be nourished and nurtured.

On our farm we are becoming pro-active farmers who care for the land by changing from old ways to new regenerative farming practices.

Women are great change-makers if they are given the opportunity. In third world countries, when a mother is taught a new health technique e.g. hand washing, she will teach the technique to eight or more people in and around her family. In the same way, if the women of Australia can be empowered in their own ability to make a difference through the care and nurture of land, communities and families, then those women will influence others around them and change Australia. I believe women are the key to the future of Australia, to the security and growth of healthy children, families, communities and a regenerative agriculture that will nourish us all.

